

James Reid Funeral Home

Bereavement Support Program

Public Information Evenings

2016 - 2017 Schedule

September 5	Feelings of Grief
October 3	Making Decisions
November 7	Holidays & Annual Reminders
December 5	Candle Lighting Ceremony
January 2	Rituals and Remembering
February 6	Changing Relationships in Grief
March 6	Self-Care and Coping Strategies
April 3	More Feelings of Grief
May 1	The Meaning of Loss
June 5	Panel Discussion

Where? The James Reid Reception Centre, 1900 John Counter

When? The First Monday of the Month, 7 - 9 PM

What? A Presentation, Discussion, Refreshments

Who? All Are Welcome to Attend

How? Come: No Registration, No Cost