



*Five Week Introductory Workshop*  
***Grief Resides Among Us***

For anyone that wishes to be a supportive caring presence for a friend, co-worker, neighbor, or family member in grief.  
Also beneficial for volunteers and health care providers.

**Workshop Fee**

**\$185**

Includes:  
15hrs of experiential learning

Alan Wolfelt's book  
"Companioning the Bereaved"  
A Soulful Guide for Caregivers

All other workshop materials

**Dates & Time**

Wednesday, May 3rd  
Wednesday, May 10th  
Wednesday, May 17th  
Wednesday, May 24th  
Wednesday, May 31st

**6:30 - 9:30pm**

If I can see pain in your eyes then share with me your tears. If I can see joy in your eyes then share with me your smile. ~ Santosh Kalwar

**Brief Description of Workshop:**

Grief resides among us, each and every day. We all have experienced loss in some form or another. For some, it was the death of a loved one, others it may have been loss of relationship, loss of job, loss of physical ability due to illness. Either way, grief accompanies those losses, each time! Grief changes who we are and changes how we relate to others and navigate our way through the world. As fellow human beings who may bear witness to this grief, this introductory workshop will allow you to learn ways to support those friends and family members while they negotiate their grief journey, for however long is necessary.

For further details, to register and arrange payment

**Contact:**

**Rebecca Daum** Grief & Bereavement Companion & Facilitator

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