



Equine Assisted Grief Workshop



For children/teens who have had a parent, sibling or extended family member who has died

10:00 a.m. to 4:00 p.m.
Sierrah Acres - Line 4 North,
 Oro-Medonte
 705-770-3645

2 Grief Workshops Available

July 10,11 & 12, 2018
 for 8—12 year olds

August 7, 8 & 9, 2018
 for 13 -16 year olds



Equine Assisted Grief Workshops will focus on the 4 tasks of grieving the death of a loved one

1. *Understanding the reality of loss*
2. *Experiencing the pain or emotional aspects of loss*
3. *Adjusting to an environment in which their love one is no longer alive*
4. *Relocating the person within one's life and finding ways to memorialize the person*

Please contact Joan Kennedy Program Director
 For more information or a camp application
 705-721-5437 Ext 202 or joan@grievingchildren.com

