

Intensive Training Day October 12, 2018

Focus: **Trauma, Grief & Resiliency**



We are excited to share with you a great opportunity to learn with Anna Kozina, a Trauma training expert at the Traumatology Institute (<https://psychink.com/>). Their organization provides training certification to professionals in traumatology in Canada and internationally and offer online as well as on-site training opportunities. We have negotiated this special training for YOU to have Anna share with us the following topics.

- Trauma, PTSD and Grief - differences and similarity
- Can you grieve if you haven't worked on trauma impact yet?
- How might we assess for PTSD/traumatic response to the death?
- How does a non-therapist respond?
- What are the resources a non-therapist might need to know about?
- What strategies would a therapist use?
- How can a therapist and a non-therapist work together to support someone experiencing both trauma and grief?
- How do we care for ourselves in situations where trauma is part of the experience of our clients?
- What does Compassion Resiliency look like?

This day is a great way for those of us who work in bereavement to enhance our knowledge of how trauma and grief intersect and how we can better work with our clients who are grieving but have also had traumatic experiences in their grief or in their past that impacts their grief.

Don't miss out on this chance to learn more and improve what you can do whether you are a volunteer, a therapist or a grief support staff.

