



ADVANCE CARE PLANNING DAY 2020

National Advance Care Planning Day in Canada - Thursday, April 16th, 2020!

TALK ACP TODAY!!! April 16th is ACP Day in Canada.

Health can change without warning. The new COVID-19 reality is driving that home. Let's help patients, families, and health care providers talk about what's important!

GET SOCIAL – FROM A DISTANCE!!!

- Our Social Media Messages are available in both French and English and can be found at: <https://www.speakupontario.ca/acp-day-2020-resources/>
- Follow HPCO on [Facebook](#), [Twitter](#), [Instagram](#), [YouTube](#) and **SHARE OFTEN!**
- Our social media hashtags include:
 - #SpeakUpOntario
 - #ACPDAYON2020
 - #AdvanceCarePlanning
 - #MakeYourWishesKnown
 - #YourCareYourWishes
 - #TalkACP

MEDIA:

Attached with this document:

- ACP protocol and messaging to use in interviews and conversations.
- A news release and an op-ed.
- If you need assistance contact Jennifer Mossop at jmossop@hpco.ca 519-619-2227

MAKE AN IMPACT

FOR INDIVIDUALS AND FAMILIES: <https://www.speakupontario.ca/resources-for-individuals-and-families/>

We are challenging everyone across Ontario to confirm your Substitute Decision Maker (SDM) and share three values on ACP Day. Once done, use **#SpeakUpOntario** to share the message ***"I just shared my top 3 values with my SDM!"*** on Twitter, Facebook or Instagram. In Ontario, advance care planning (ACP) is:

- Confirming your substitute decision maker(s).
- Communicating your wishes, values and beliefs to help your SDM(s) make future health and personal care decisions on your behalf, if you become mentally incapable of doing so for yourself.

FOR HEALTH CARE PROVIDERS: <https://www.speakupontario.ca/resources-for-health-care-providers/>

We are encouraging as many health care workers as possible to go to www.speakupontario.ca and use the tools to support you in having meaningful conversations with your patients.

- Advance Care Planning (ACP) – Goals of Care (GoC) – Person-Centred Decision Making (PCDM)

SHARE YOUR ACP DAY STORIES WITH HPCO

We would love to hear about your events and coverage: <https://www.research.net/r/ACPDAY2020>

PROMOTIONAL MATERIALS

Share our ACP Resources with your colleagues and other stakeholders. Posters, postcards, wallet cards, bookmarks, and videos can be found at: <https://www.speakupontario.ca/acp-day-2020-resources/>

GO NATIONAL

Check out and support the CHPCA Campaign here: <https://www.advancecareplanning.ca/>



ACP DAY EVENT

Hospice Palliative Care Ontario is partnering with the Ontario Medical Association to co-host a webinar on ***Having Important Conversations*** on April 16th from 7 – 8:30PM. This session is intended for Physicians and Health Care Professionals. It will be facilitated by Dr. Leah Steinberg, Dr. Nadia Incardona and Dr. Jeff Myers. They will cover the fundamentals of Health Care Consent Advance Care Planning and Goals of Care, and how to have these important conversations with their patients. To register please go to: https://hpco.zoom.us/webinar/register/WN_qSpxMHcBT7OTxuv3m7aiTw