

"Carefully staying away
is the key to being corona free".

Cora and the Corona is a true story of one little girl's journey to healing while in quarantine. The story explores Cora's emotional reaction to her new life in quarantine.

In Cora's eye's, her life has completely stopped as she is confined to the boundaries of her home for weeks on end. Cora expresses her fear, anxiety, sadness and loneliness while missing her best friend Allorah.

With nothing else to do, Cora confides in her little dog, Gizzy, about her loneliness. She soon realizes Gizzy and the neighbour's two great danes are speaking to each other through barking. This inspires Cora to explore ways to reach out to others through music.

Quickly, Cora starts making instruments from recycled materials and begins to sing a tune, "Carefully staying away is the key to being corona free". Soon her neighbours peer through their windows, as they listen to her music echo through the air. This only inspires Cora to sing louder! Cora continues her singing throughout her quarantine, inspiring those around her that one day we will be free from fear again.

This story offers hope, support and friendship during a world pandemic. It is also a reminder to all the people of the earth to never forget the ones who died during this time, never forget to be grateful for all we have, never forget to appreciate our friends and loved ones, and to never forget that caring for all living things is the key to being free.

Cora and the Corona

One Little Girl's Journey
to Healing in Quarantine



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