

31st Annual BON Conference- Virtual Style

Agenda (all content subject to small changes- please see EventMobi for any updates)

Tuesday, Oct 12

- 11:30 am: Bookstore welcome.
- 12:00 pm: Welcome with some self-care opportunities to share what the conference will be like
 - Bookstore will be open and available each day (before or after events)
 - Self care space- mindfulness opportunity available each day
 - Wednesday night **Short Film Party**- bring your popcorn and drink of your choice and enjoy learning about some newer film clips that might be useful in your work and of great interest!
- 12:30 pm Session 1: Heather Ervin- ***“Arts as a tool for developing a social network”***
- 2:15 pm Session 2: Maureen Trask- ***“Ambiguous Loss- update in COVID times”***

Thursday, Oct 14

- 9:00 am Session 3: Heather McGuinty- ***“Advancing Illness- Holding on and Letting Go”***
- 10:45 am Session 4: Jill Dombroski- ***“Dying, death and physicians”***
- 12:30 pm Networking over lunch
 - Bookstore- Let’s Talk about how YOU CAN USE Robert’s Press for your clients and yourself- history and lots more- Robert’s Press will be offering Conference attendees 10% off all purchases to conference attendees during the conference! Thanks Christine and team!

Monday, October 18

- 9:00 am Session 5: Margarita Rabinovich- ***“The loss of a child: a crisis in meaning. The critical role of redefining purpose”***
- 10:45 am Session 6: Susan McCoy- ***“The Raw Truth- COVID 19 Traumatic Grief”***
- 12:15 pm Mindfulness Opportunity A- Veronica Lowe
- 12:30 pm- Book store – Shari Morash, author of “Loving Your Baby”. Christine will be inviting local Ontario authors to share their journey of creating the resources they have done- Robert’s Press will be offering Conference attendees 10% off all purchases to conference attendees during the conference! Thanks Christine and team!

- **Wed Oct 20**

- 11:00 am- Book store - Author promotion -Bill Brubacher, author of “The Secret Pond” and “The Mystery Puzzle Box” and other great books. Christine will be inviting local Ontario authors to share their journey of creating the resources they have done- Robert’s Press will be offering Conference attendees 10% off all purchases to conference attendees during the conference! Thanks Christine and team!
- 11:30 am Networking Lunch

- 12:30 pm Session 7: Lyne Drolet and Eva Zaleski ***“Writers Club for Grief – Healing through Expressive Writing”***
- 2:15 pm Session 8: Shelly Cory and Maxxine Rattner– ***“The Canadian Grief Alliance Experiences and sharing The Organization’s Mandate and Impact”***



7:00 pm Wednesday Night Short Film Party – Let’s get together to review some short grief-related films and talk about their impact on how we see grief. This will be done on Zoom and will be moderated with our panel insights and group conversation! Join us!

Friday October 22

- 9:00 am Session 9: Christine Dernerlanden- ***“Dying to Live, Learning from our COVID-19 Challenges During a Pandemic”***
- 10:45 am- Session 10: Mirna Chacín- ***“Elegy for Souls on Hold”***
- 12:15 pm. - Book store – Lesley James- ***“Share your Grief Story”***- Christine will be inviting local Ontario authors to share their journey of creating the resources they have done- Robert’s Press will be offering Conference attendees 10% off all purchases to conference attendees during the conference! Thanks Christine and team!
- 12:15 pm Self care space- mindfulness opportunity B- Susan McCoy

Tuesday, October 26

- 11:30 am- Robert’s Press - Your Grief Story How to become a Canadian Author and Join Your Grief Story FB group to start sharing and writing! - Robert’s Press will be offering Conference attendees 10% off all purchases to conference attendees during the conference! Thanks Christine and team! Bring your lunch and talk about what is in your heart as a clinician and a potential author!
- 12:30 pm Session 11: Lesley James- ***“Dancing with Grief”***
- 2:15 pm Session 12: Brenda McIntyre- ***“Decolonizing Traumatic Collective Grief – How to Hold Space for Indigenous People as an Ally and Support”***
- 3:30: Poster Session: 2 poster presenters
 - ***Exploring the impacts of art and narrative therapy on the grieving process***- Karen Nelson (Manager, The Research Shop)
- **4:00 Bridge C14 Bridge 4 You** Alicia Freeborn

Thursday, October 28

- 9:00 am Session 13: Canadian Alliance for Grieving Children and Youth (Deirdre, Thomas, Jane Smart and Joan Kennedy) ***“Collectively we are Stronger: Child Grief & Bereavement Support Providers Align Together”***
- 10:45 am Session 14: Richard Amaral- ***“Breathers- Nine techniques for managing stress and worry in difficult times”***

- ***At the end of Session 14, We will officially close our Conference and our bookstore will close 1 hr later***
- 12:00 pm-Book store will continue in the space and will close at 1 pm. Last chance to ask questions and order books that will be useful to you and your clientele. Robert's Press will be offering Conference attendees 10% off all purchases to conference attendees during the conference! Thanks Christine and team!